



# Test Prep

**CGFNS**

**Commission on Graduates of Foreign Nursing  
Schools**

**QUESTION & ANSWERS**

**Sections**

1. Volume A
2. Volume B
3. Volume C
4. Volume D

## Exam A

### QUESTION 1

A new mother asks the nurse how often her newborn should breastfeed. Which of the following responses by the nurse would be best?

- A. "As long as the baby feeds four times a day, he will get enough."
- B. "Newborns may breastfeed continuously until they stabilize."
- C. "Newborns should breastfed at least every 3 hours during the day."
- D. "Newborns should be fed when they cry."

**Correct Answer: C**  
**Section: Volume A**

### QUESTION 2

A nurse teaches a client with asthma how to use an inhaler with a spacer. Which of these client statements would indicate that teaching was ineffective?

- A. "I should inhale before using the inhaler."
- B. "I should place my lips firmly around the mouthpiece."
- C. "I should hold my breath 8-10 seconds after using the inhaler."
- D. "I should wait 1-2 minutes between puffs."

**Correct Answer: A**  
**Section: Volume A**

### QUESTION 3

Which of the following orders should a nurse question for a client with glaucoma who is scheduled for surgery?

- A. Demerol (meperidine) 50 mg IM
- B. Atropine sulfate 0.4 mg IM
- C. Valium (diazepam) 2 mg IM
- D. Phenergan (promethazine) 25 mg IM

**Correct Answer: B**  
**Section: Volume A**

### QUESTION 4

A 75-year-old male in the emergency department appears frightened and withdrawn. The nurse assesses multiple bruises on his back, abdomen and legs. The best response by the nurse would be

- A. "Let me get your son to join us."
- B. "Does your family know how you hurt yourself?"

- C. "You don't have to tell me what happened."
- D. "Let's go to the conference room and talk."

**Correct Answer: D**  
**Section: Volume A**

#### **QUESTION 5**

A client asks the nurse how she can prepare for pregnancy. Which of the following comments by the nurse would be most appropriate?

- A. "Avoid raw eggs and cats until conception."
- B. "Receive immunization against toxoplasmosis."
- C. "Begin an iron supplement of 100 mg daily."
- D. "Supplement your diet with 400 mcg of folic acid."

**Correct Answer: D**  
**Section: Volume A**

#### **QUESTION 6**

Which of the following nursing measures would be appropriate in the care of a client who has hepatic encephalopathy?

- A. Encourage fluid intake >1500ml/day.
- B. Administer opiate analgesics on schedule.
- C. Monitor vital signs for hypertension.
- D. Observe for changes in behavior.

**Correct Answer: D**  
**Section: Volume A**

#### **QUESTION 7**

When counseling a client who binge eats, the most appropriate approach for the nurse to take is to

- A. encourage the client to tape a picture of herself on the refrigerator.
- B. instruct the client to weigh herself daily.
- C. have the client keep a journal of activities and food intake.
- D. teach the client to eliminate foods with high calories from her diet.

**Correct Answer: C**  
**Section: Volume A**